



BROOKLYN
KINDERGARTEN
SOCIETY
EARLY CHILDHOOD EDUCATION
SINCE 1891

Occupational Therapy

& The Fran Bernstein Sensory Gym

What is OT?

Occupational therapy provides fun, positive opportunities for children to learn new skills.

OT sessions use a child-led, play-based approach to help children overcome obstacles and thrive in school (and all) environments.

OT sessions help children to reach their fullest potential and be the best version of themselves.

Questions?

Contact Colleen O'Neill, OTR/L
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(718) 395-9001 ext.523

What do children practice?

Hand Skills Writing, manipulating buttons to dress themselves, using utensils during eating, playing with toys

Self-Regulation Managing emotions, practicing frustration tolerance, responding adaptively to challenging situations

Body Movement Learning how strong their bodies are, learning how to safely move around on a playground and in the classroom

Social Skills Working on better communicating their wants/needs and how they play with their friends and classmates

Where do kids receive OT?

Our Licensed Occupational Therapist visits each BKS Children's Center monthly. She also conducts sessions at our state-of-the-art Sensory Gym at 1640 Pacific St. (located inside our Weeksville Gardens Children's Center in Crown Heights).

A Sensory Gym is a gym-like space with a variety of fun activities through which children can explore through their senses.

www.bksny.org